

Physical Education

Year 7

Please use this Route Through to learn more about what students are learning in lessons, and how they can extend their learning at home. Please contact the Head of Department or Director of Year for more information.

Subject	What are students learning in lessons?	What could students do to extend their learning and develop their character?
Autumn Term 1	Each set will study one of the following sports: netball, rugby, trampolining or badminton. For each sport students learn: preparation, execution, follow through for skills, basic rules of the sport, competitive gameplay.	Be curious: follow a FIFA World Cup qualifying match or Autumn Nations Championship rugby fixture and write a match report.
Autumn Term 2	Each set will study one of the following sports: rugby, basketball, handball, table tennis or trampolining. For each sport students learn: preparation, execution, follow through for skills, basic rules of the sport, competitive gameplay.	Be curious: follow the Trampoline World Championships or Autumn Nations Championship and create an athlete profile of a competitor.
Spring Term 1	Each set will study one of the following sports: trampolining, badminton, netball, football, table tennis or handball. For each sport students learn: preparation, execution, follow through for skills, basic rules of the sport, competitive gameplay.	Be curious: follow the Australia Open Tennis, Six Nations Rugby Championship, or Alpine Ski World Championships. Be a TV pundit and record an analysis.
Spring Term 2	Each set will study one of the following sports: trampolining, badminton, netball, gymnastics, table tennis or handball. For each sport students learn: preparation, execution, follow through for skills, basic rules of the sport, competitive gameplay.	Be curious: follow the ICC Women's Champions Trophy and write or record an analysis of a key match or player performance.
Summer Term 1	Each set will study one of the following sports: athletics, rounders, tennis, cricket, softball or stoolball. For each sport students learn: preparation, execution, follow through for skills, basic rules of the sport, competitive gameplay.	Be curious: follow The Masters or PGA Championship and create a comparison profile of two golfers.
Summer Term 2	Each set will study one of the following sports: athletics, Rounders, tennis, cricket, softball or stoolball. For each sport students learn: preparation, execution, follow through for skills, basic rules of the sport, competitive gameplay.	Be curious: follow Wimbledon or the Tour de France and write a feature article explaining the highlights of the event.
How should I plan my time?	Assessment	Home Learning
	Students think hard and answer lots of questions every lesson. Students practice and get feedback on their work. Exam: Students will not sit an exam.	Character tasks to continue the joy of learning beyond the classroom.